

# Preparing for Kindergarten



## "I Can" Checklist:

- ☐ I can explain how I will get to and from school.
- ☐ I can say my home address and the names of the adults who live with me.
- ☐ I can open the items I will eat at lunch like juice/milk cartons and snack bags.
- ☐ I can use the restroom and wash my hands by myself.
- ☐ I can put my jacket on and take it off without any help.



## Tips for Parents

Registration is the first step in getting your student ready for Kindergarten. All information regarding Kindergarten Registration can be found at [www.casdonline.org/kregister](http://www.casdonline.org/kregister).

After successfully registering your child for Kindergarten, you may be wondering what to do between now and the start of the new school year. On the following page, you will find a variety of activities and ideas to prepare your student for their upcoming learning experiences in Kindergarten!



## Keep in Mind

All children develop different skills at different rates, especially at this age. Your CASD Kindergarten teachers are prepared to work with children who have a wide variety of skills.

## Cognitive Development:

- Read with your child as often as possible. Choose simple books, so your child can follow along.
- Practice identifying letters, numbers, shapes, and colors in print and in real life.
- Sing the alphabet song, and talk about the letters and the sounds each makes.
- Find everyday opportunities to count out loud and encourage your child to count with you.
- Practice brainstorming words that rhyme.
- Give your child two and three step directions: "Brush your teeth, pick out a book, and meet me on the couch."

## Speech and Language Development:

- Encourage your child to speak clearly and in full sentences.
- Discuss with your child their interests and likes and how they can ask others about their hobbies to make connections with their new friends.

## Social and Emotional Development:

- Give your child opportunities to interact with other children in social situations.
- Teach your child how to appropriately express his or her feelings if he or she dislikes something.
- Role-play scenarios that might pop up in the classroom or on the playground. Discuss possible solutions to problems that he or she may encounter.

## Fine Motor Skill Development:

- Practice gripping a pencil, crayon, or marker correctly (with thumb and forefinger supporting the tip).
- Encourage your child to color, use scissors, and play with clay.
- Help your child practice writing letters, especially the letters in his or her name.
- Practice tying shoes and other buckles, clasps, and buttons.

## Gross Motor Skill Development:

- Practice throwing, catching, and bouncing balls of various shapes and sizes.
- Play Simon Says with skills like jumping on one foot, skipping, and running/walking at various speeds.